

Resident Name: _____ DOB: _____ PASRR level II diagnoses: _____

ProviderName/Phone: _____ Review Date: _____

PsychPharmTracking Tool Instructions

Last PsychPharm review date: _____ Recent/Previous BIMS score _____ Recent/Previous PHQ9 score _____

- PRN psychotropic medications have been limited to or are discontinued after 14 days.
- FDA warning indicates that antipsychotic medications *do not have an indication* for dementia, and if used, carry a Black Box warning for the increased risk of stroke and death. This must be documented.
- Black Box warning for benzodiazepine/opioid combination must be clearly justified and documented.
- Documentation for continuing medications must match the behavior tracking log.

Non-Pharmacological Intervention (must be attempted with documented ineffectiveness prior to initiating psychotropic medications)

Examples:

- massage, aromatherapy and reflexology
- physical exercise, music and dancing
- reminiscence, cognitive stimulation, arts and crafts
- entertainment and religious services
- meaningful work (helping staff with jobs), walks outside, gardening or table setting
- decrease stimulation in the environment-consider noise, light and activity
- consideration of need for room or staffing change

Discussion Review Questions:

- What behaviors are being treated with the medication(s)?
- Would these medications normally be expected to alleviate the identified behaviors?
- Is there consistent documentation that the behaviors stopped or improved significantly?
- Have physical causes of the behaviors been ruled out?
- What are the medication's side effects? Is the patient displaying any? If so, what has been done?
- What person-centered, nonpharmacological approaches have been tried and documented?

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PsychPharmTracking Tool

Complete for each Medication in Review

| Name of Medication | Dose/Route | Corresponding Diagnosis | Date of Last GDR | PRN Yes / No | Recommendations |
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